



## **Visualisation For Using Mass Conscious Love at Christmas for World Healing**

At Christmas time, those who celebrate and enjoy the season create a huge reservoir of Love energy to generate goodwill and peace on Earth.

Sadly, this reservoir of energy is very rarely used. People feel it for a time but do not direct it for the healing and nourishment of the planet or nature. Therefore, it builds up and sits there for a time, then slowly diminishes as the year rolls on; generally it is disconnected from everyday life.

The key to using this collective Love energy is to be aware of it. Even if you just imagine the possibility that it exists (maybe a huge, soft cloud of colour) it is enough to tap into it and channel it to where you want it to go.

Begin by *Anchoring the Light*\*

Stand in your circle of power.

Call up feelings of goodwill, love, comfort, peace etc. Imagine a mass of collected love energy and draw this to you.

Draw it into your circle of power. You might need to take some time to do this. It's okay if you only imagine the possibility using coloured light to represent this energy.

Fill yourself up with the energy.

Send balls of this collective love energy to where you need it to go: people, places, nature, animals. (You can even use it for yourself send it out to your own past and into your future.)

Keep going, keep drawing in and sending out until your healing feels complete.

Now draw in and fill yourself with this love energy once again.  
Allow it to circulate within, let it settle, enjoy it.

Exit when ready. (end)

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\* If you are not familiar with this technique, you will find a free copy at <https://www.reachpotential.com.au/freebies/useful-pdfs>

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