



## How to Become a Great Light Healer for the World

Although we appear as flesh and blood, at base we are created from unique configurations of soul energy. All our thoughts, feelings and physical being are created from this energy and every moment of our lives we radiate that energetic uniqueness to others. In short, everyone affects the world energetically whether we intend it or not.

When a person chooses to assist others, they harness aspects of their soul energy for the purpose of creating greater well-being, greater love. The person who cooks a delightful meal with love is doing that tangibly, but even the smallest thought of appreciation, of gratitude, of any desire to assist in any way also utilises soul energy.

Those who call themselves Light Healers consciously offer a gift of uplifting or supportive Love energy to others by intentionally directing that energy to others at a distance via their thoughts and imagination.

However, while every intentional gift of love is helpful, it is the quality of the energy we send in Light Healing that determines how powerful it can be. If we are anxious, tired, angry, stressed or sick. or if we have a hidden agenda of wanting to control others, our gifts of love are weakened or completely ineffective.

Therefore, a person who wants to make their Light Healing genuinely powerful so that it can contribute to healing world issues must uplift their own energy field to make it 'Light Healing fit' that is, to become stress free, clear of negative energy, centred and filled with the energies of Love and Light to their best ability.

As this is so, our company Reach Potential distributes information which aims to help people become great at Light Healing. These techniques are, therefore, wonderful ways to promote or integrate your own inner peace and well-being.

Here are the ways to become a great Light Healer:

- Come from the heart
- Be centred\*
- Be free of the influence of other people's energy\*
- Know how to ensure they are emotionally 'clean'\*
- Use the energy of their talents and personality strength whenever possible
- Preferably have experience in their chosen field of Light Healing:
- Be free of negative ego.

\*Basic techniques to achieve these inner states are provided in our online course at:  
<https://reachpotentialcourses.thinkific.com/courses/inner-peace-all-day-every-day-how-to-transform-your-life-with-ease>

If you are already a committed healer and wish to contribute your Light and Love to current world issues, check the current Light Healing session instructions on

<https://www.facebook.com/profile.php?id=100084498007328>

Join us too on Instagram at <https://www.instagram.com/reachpotential.au/>

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